

# Freedom from Fear & Anxiety

---

I am of God. I belong to Him. Fear and anxiety have no power over me. I have been delivered from the power of darkness and brought into the kingdom of the Son of his love. (Colossians 1:13) I am of God and have overcome the wicked one, for greater is He that is in me than he that is in the world. (1 John 4:4) I will fear no evil for You are with me. Your Words and Your Spirit; they comfort me. (Psalm 23) I am not alone in this battle because God, Himself dwells within me. I am the temple of the Holy Spirit. (1 Corinthians 3:16) Jesus Christ has brought total victory in every area of my life, but it's up to me to enforce that victory. God predestined me to be victorious over every curse of the law – including sickness, disease, fear, anxiety, torment, and oppression. I take the shield of faith and quench every fiery dart of the wicked one. (Ephesians 6:16) I cast down imaginations and every high thing that tries to exalt itself against the knowledge of God and I take every thought captive into the obedience of Jesus Christ. (2 Corinthians 10:5) For the weapons of my warfare are not carnal but mighty in God for pulling down strongholds. (2 Corinthians 10:4) My weapons are truth, righteousness, peace, faith, salvation (sozo), the Word of God and praying in the Spirit. I will stand; therefore and having done all; I stand. (Ephesians 6:10-18) In everything I am more than a conqueror. I overcome by the blood of the Lamb and the Word of my testimony. (Revelations 12:11) I boldly take the Word of God and make it my constant confession. I refuse to speak what is contrary to God's Word, because death and life are in the power of the tongue. (Proverbs 18:21) Because Jesus delivered me from the power of darkness, I am now free from all oppression, fear and anxiety. (Colossians 1:13) My whole body, soul and spirit are filled with the light and love of Jesus Christ. I give no place to the devil. (Ephesians 4:27) I resist the devil and he flees from me. (James 4:7) I have power and authority to trample on sickness, disease, oppression and over all the power of the enemy and he cannot harm me. (Luke 10:19) In the Name of Jesus Christ I cast out demons and they flee. I have not been given a spirit of fear, but one of power, love and a sound mind. (2 Timothy 1:7) I will not fear because God is with me, and He is an ever-present help in trouble. (Isaiah 43:5 Psalm 46:1) When I made Jesus Lord of my life, I was delivered from all the powers of the kingdom of darkness. Thank you, Father, that I am not going to be delivered – but that I HAVE BEEN delivered. I declare that the powers of darkness, fear, anxiety, and oppression have no power or authority over me. I am of God and the evil one cannot touch me. (1 John 5:18) God sent his Word and healed me and delivered me. (Psalm 107:20) I am strong and courageous for God is with me. (Joshua 1:9) I know the truth and the truth has set me free. (John 8:32) The resurrection power of Jesus Christ resides within me and empowers me. I am strong and courageous for God is with me. (Joshua 1:9) I am powerful. I am free. I am at peace within. AMEN